



# *the Raphael Visitor*

## **New Hope returns to the Raphael Clinic**

In January of 2017, New Hope counseling services teamed up with the Raphael Clinic to help with emotional wellness through professional counseling for our patients. In January of 2018 New Hope left our clinic building but continued to see patients at their offices on Main St. This was due to a change in their grant allocations. In the meantime, it gave the clinic an opportunity to restructure the clinic's conference room to better accommodate the counselors and the patients who would be returning to the Raphael clinic building in August of 2018. According to Americares, over 70% of all primary care visits are related to mental health issues. New Hope is a Christian counseling center that works with a variety of issues including grief and loss, anger management, ADD, parenting skills and much more. The patients and Raphael Community Free Clinic are happy with the outcome of this partnership.



FNP Jason Eckols and student Charlissee

## **Raphael Clinic welcomes Interns!**



Student Miana and FNP Margarita Sloan

The Raphael Community Free Clinic has been providing educational opportunities for future Family Nurse Practitioners (FNP) for several years. This year our clinic's FNP Jason has been supervising and teaching Charlize Newbell who commutes from San Antonio Monday through Thursday to achieve 180 college credit hours towards her FNP degree. Basically, all nurse practitioners must first have a registered nursing degree (RN). Once they have this degree they can apply for a Nurse Practitioner program at a university. It takes approximately 8 years of college to obtain an FNP license. FNP's can treat, diagnose, and order labs and other tests. Student Miana Zapata is a senior at Schreiner University working on her public health internship on Mondays and Wednesdays and is supervised by Raphael clinic FNP Margarita. She also helps out with the clinic's diabetes program.

## HEALTH INFO



## CLINIC NOTES

Having a mammogram once a year could very possibly save your life one day! And since a mammogram is an easy, non-invasive test, there really is no reason to go without your annual mammogram. CHRISTUS Santa Rosa is committed to making life-saving digital mammograms available to everyone in our community – where it is most convenient. The Mobile Mammography Unit (MMU) visits places of business, worship and community organizations. The MMU provides free mammograms to women without insurance or the ability to pay. The MMU visits the Raphael Clinic every other month and serves approximately twenty-five patients.

An investment in your health is one of the best investments you can make



Three hundred Flu vaccines have been ordered and available for clinic patients since October



### RAPHAEL COMMUNITY FREE CLINIC WOULD LIKE TO THANK THESE MAJOR CONTRIBUTORS:

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## IN MEMORY OF...

**Dani Yokum**



Dani volunteered at the Raphael clinic from September 2003 until Sept 2018 . She was a retired registered nurse who worked in our dispensary once a week and filled in on staff vacations. She enjoyed working with the staff as much as they enjoyed having her there.



## CLINIC SPOTLIGHT

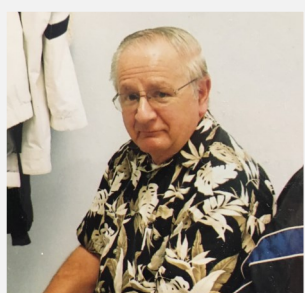
## VOLUNTEERS



**Susan Dennis** is a native Texan living in Kerrville for 16 years. She began volunteering at the Raphael clinic on July 2015 and helps at the front desk on Tuesday afternoons.

**Dr. Hernandez** is the medical director at the clinic and has been volunteering since 2013.

**Dr. Kuhl** is a retired gynecologist who came to the clinic in 2016, and volunteers once a month on Thursdays.



**John Wells** recently retired from the clinic as a volunteer. He lent his services from 2006 until the summer of 2018.

**Dr. Sanders** is a retired orthopedic specialist who came to the clinic earlier this year. He volunteers every other Wednesday.



**Nellie Jenkins** began working at the clinic in May of 2018. She is a translator and a lot more. She and her husband moved here from San Antonio.

**Leti Aguirre** came to the clinic August 2018. She is the financial officer and also a translator. Originally from El Paso, she commutes from Bandera.

## STAFF

Kenneth J. Zysko	Executive Director
Margarita Sloan	Nurse Practitioner
Bettye Henderson	Nurse Practitioner
Jason Eckols	Nurse Practitioner
Jean Cassidy	Medications Coordinator
Yvonne Lorick	Medications Assistant
Sylvia Mendez	Medical Assistant/Supervisor
Carina Boites Limon	Medical Assistant
Tommy Van Klaveren	Accounting Manager
Joyce Horat	Office Mgr/Volunteer Coord.
Noreen Didonna	Development Director
Mary Alice Beaumier	Admin/Webmaster
Nellie Jenkins	Translator/Admin
Leti Aguirre	Financial Officer

**Carina Boites Limon** is a medical assistant who was hired October 2017. Although she went to college in San Antonio, she has lived in Kerrville 16 years.

**RAPHAEL COMMUNITY FREE CLINIC. INC.**  
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**Kerrville, Texas 78028-1729**

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**Building a Healthy America One Patient at a Time**  
**Where Medical Care for the Underserved**  
**Isn't a Dream, It's a Reality**



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